



The Episcopal  
**PARISH OF ST. CLEMENT**  
Honolulu

From the desk of:

**The Reverend Brian G. Rallison**

*Priest-in-Charge*

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Shrove Tuesday

March 4, 2025

My dearest 'Ohana in Christ,

Aloha to you this Tuesday before Ash Wednesday. I pray this email finds you well. As you may have heard in my sermon this past Sunday, the Season of Lent is approaching quickly. I hope you will carve out some time in your busy schedule over the next seven weeks to embrace this important season in the church calendar.

Lent comprises 40 days of prayer and fasting leading up to Easter, serving as a time for preparation, penitence, reflection, and self-examination. This season encourages Christians to concentrate on renewal, introspection, growth, and discernment. We begin observing Lent with Ash Wednesday and commit more time to prayer. The Morning Prayer (page 75), Evening Prayer (page 115), and Compline (page 127) from the Book of Common Prayer 1979 are particularly helpful. Some individuals opt to fast from certain foods or activities. It is crucial to become more aware of oneself by reflecting on one's relationship with God and others. Reading and meditating on the Bible, studying portions of the Book of Common Prayer 1979, and engaging with other liturgical and spiritual texts are also advantageous. Moreover, serving those in need through acts of service and almsgiving is encouraged. Finally, in recent years, the leaders of The Episcopal Church have suggested that we incorporate additional acts of kindness in our own communities to enhance the focus of this season.

No matter how you embrace this season, it prepares us for the Paschal feast, the resurrection of our Lord Jesus. We must remember that Jesus fasted and prayed in the wilderness after His baptism. We prioritize practicing self-control and self-denial. However, the most important reason to engage with Lent is to deepen our ability to love God and one another. Someone mentioned to me the other day that Lent is

difficult, uncomfortable, and a lot of work. Based on my past Lenten practices, my response was simple: nothing worthwhile comes without some effort.

I am excited about the **offerings we have prepared for Lent this year**. Please take the time to embrace what Lent can bring to you and your faith community.

Sundays – 9:30 a.m. – The Holy Eucharist with music  
Sundays – 8:30 a.m. – Adult Christian Formation  
Sundays – 9:30 a.m. – Family Ministry Sunday School  
Saturdays – 5 p.m. – Contemporary Holy Eucharist with music  
Wednesdays – 9 a.m. – Healing Eucharist (except for Ash Wednesday).  
Wednesdays – 6 p.m. – A Lenten Journey through the Cinema (Starting on March 12)  
Fridays – 6 p.m. – Way of the Cross (The Stations of the Cross)

Also, please mark your calendars for the **upcoming services and groups** that will guide us to the grand celebrations of Easter Sunday, the Resurrection of our Lord Jesus Christ.

**Ash Wednesday, March 5**

9 a.m.  
10 a.m. – Ashes to Go  
Noon  
6 p.m. with music

**Friday, March 28 – LGBTQ+Talk Story and PotLuck**

5 p.m. in the Parish House

**Holy Sunday, April 13 – Palm Sunday: The Sunday of the Passion**

9:30 a.m. starting in the Parish House

**Holy Wednesday, April 16 – Tenebrae: The Service of Shadows**

6 p.m.

**Maundy Thursday, April 17**

5 p.m. – Agape Meal – Dinner starting in the Parish House  
6 p.m. – Maundy Thursday Liturgy  
7 p.m. – The Vigil at the Altar or Repose

Please sign up at the back of the church or on Ministry Schedule Pro (MSP)

**Good Friday, April 18**

8 a.m.  
Noon  
6 p.m. with music.

There are also forthcoming **opportunities for service** to and with your faith community. Please consider your involvement in serving God and God's 'Ohana!

**Lay Weeders** – Please talk to Martha Morgan or Robert Nakasuchi.

**Altar Guild** – Please talk to one of the Altar Guild Members or Father Brian.

**Annual Parish Clean-up** – Saturday, April 5 – Starting at 9 a.m.

**Food Pantry Pick-up on Tuesdays** – Talk to Holoua Stender.

**You are also welcome to help clean up after Coffee Hour.**

If there is something you would like to do but do not have the time to do, or if you would like to support one of our ministries, we are always welcome to support one of our outreach ministries financially. Talk to Liz Baldwin about where you can help others. You can make your contribution [here](#).

My 'Ohana in Christ, mahalo nui for everything you do. I pray that this Lenten season nourishes your spirit and helps you discover more about yourself and your relationship with God. May you wander in the wilderness with Jesus during these 40 days of Lent.

Blessed be the God who forgives all our sins because God's mercy endures for ever.

Faithfully yours in Christ,

**Brian+**

THE REVEREND BRIAN G. RALLISON  
*Priest-in-Charge*